



Sadly, it appears our personal invitation to the Coronation of King Charles III did not make it to us in time to attend, but I'm certain that all the royalists, and all lovers of British pomp and ceremony and history, managed to catch up via the extensive television coverage.



Charles III

King of the United Kingdom and Commonwealth realms acceded to the throne on 8 September 2022, upon the death of his much-loved mother, Elizabeth II, and his coronation took place on Saturday 6 May 2023 at Westminster Abbey.









## MAY NEWSLETTER



Our beautiful Autumn weather attracts many Community events, and this year has been no exception. I do hope you have been out and about enjoying the various attractions around the district before we all hibernate from the winter chills.

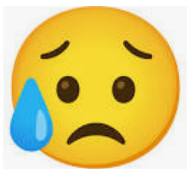
This Newsletter is once again jam-packed with interesting reading. Starting with our President's Report, a delightful Profile piece, a synopsis of our Philosophical Discussions class, an overview of our Coffee Morning guest speaker's interesting subject, funnies, our mystery article 'Did you know?' and some random surprise articles to whet your curiosity. Mother's Day falls this coming weekend. The origin of the recognised celebration is interesting reading. Happy Mother's Day to all U3A mothers.

As mentioned below, there won't be a June Newsletter, so please diarise the upcoming social events, particularly the Mad Hatter's dinner on Saturday, 3<sup>rd</sup> June. Reminders will be sent by email. But remember, U3A is more than 'courses' – it aims to provide opportunities to come together. It is so important to support our social committee who work so hard to organise the variety of events we enjoy. Our club is certainly enriched by these gatherings.

Please continue sending in your articles. Our July edition is already in the making and we would welcome additional material.

Until then, take care.  
Lady Judith!

Happy reading  
Judy White – Editor  
E: [jjelbart@gmail.com](mailto:jjelbart@gmail.com)



Please note: Your Newsletter team will be taking a short break this June. So, no June Newsletter, and normal publication will re-commence in July.





## *from the* **President**

I settled in nicely by disappearing overseas for two weeks at the crucial beginning of a new term! But my kid brother turned 80 in NZ and my Indonesian adopted grandchildren had birthdays to be celebrated, so I have hopped about across the waters.

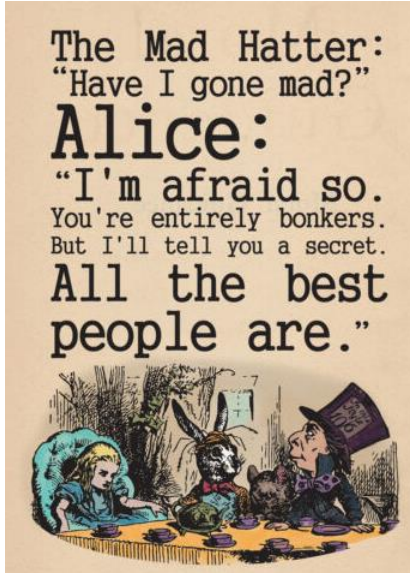
- Talks with Lee Botting confirmed that he is happy not to provide lunches as the opportunity is not supported sufficiently to make it viable for him (12 min. reqd) We agreed that some winter soup days might be popular. Another meeting with Lee is scheduled soon.
- One of my first responsible tasks was to remove some litter from the front nature strip area. It was bra of some good size and condition, but since it didn't belong to the few present, I duly deposited it into the garbage bin. I do hope it did not belong to a member.
- Thanks to Peter Massey for his commitment to the U3A Website Template work on high level but very important issues.







## UPCOMING SOCIAL EVENTS



*Alice's Adventures in Wonderland* is one of the most famous and enduring children's classics. The novel is full of whimsical charm, and a feeling for the absurd that is unsurpassed, and it's the theme of our next Social Event ...

Join us at

**THE MAD HATTER'S DINNER**  
**SATURDAY, 3 JUNE, 6 for 6.30pm**  
**\$40 pp**

Enjoy food inspired by Alice and The Mad Hatter's tea party - bring your family and friends along for a memorable evening. There will be prizes for best Mad Hat so go crazy! Tickets are available from the office – please nominate your choice of main course when booking (pork, chicken, vegetarian or fish). Tables

of 6 and 8 will be available, and as our term break is fast approaching, please book early.

Tickets will be available from the office from next Monday and Lee will have a seating chart on the noticeboard shortly. Please enter your name/group once you've purchased your tickets. We will also take expressions of interest to ensure we have numbers for catering.

**U3A Members and Guests**

**SUNDAY 30 JULY**

**12 for 12.30pm**

**GAAC**

**\$40 pp**

Enjoy a delicious Xmas Lunch, along with music and a few fun games, so gather your family and friends and join us for a fabulous afternoon.

Tickets are available from the office with Tables of 6 and 8 available, and as our term break is fast approaching, please book early.





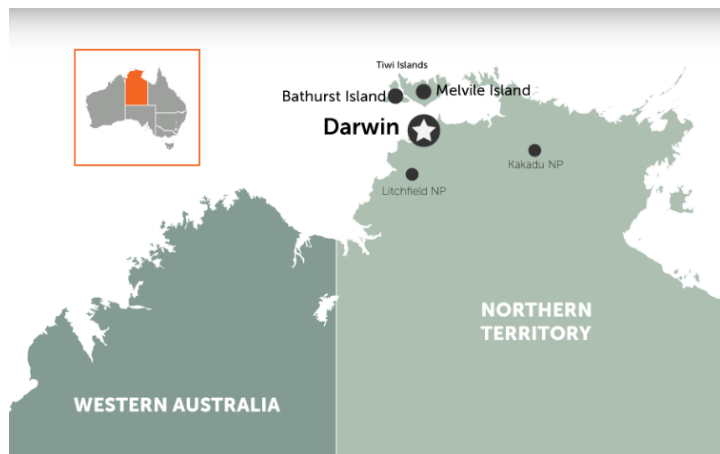
## Rita Ballard

I am an enthusiastic U3A member and have been for about three years. I have enjoyed philosophy, writing and air rifle shooting classes to name a few. Although I have learnt many things from them all, because of life circumstances I have not continued for long periods of time.

I graduated from Rusden State College in Melbourne as a mature age High School teacher of English and Psychology. This was in the early 80s and I started my career at Tallangatta Secondary college where I taught for a term as a casual. Then I received a permanent position at Wodonga Technical School. This was a single gender school and very male oriented. Times changed and eventually girls were allowed to attend, starting with two very brave and determined year 7s. The influx of girls quickly grew with the school changing its name and culture becoming Mitchell Secondary College. The camaraderie among staff was superb and even now years later ex staff members will say this was the last best years of their teaching experience! We all felt a loss when the Victorian Government changed schooling in Wodonga with two Middle Years Schools and one Senior Secondary College.

I left a few years after this and accepted a position in China where I taught oral English in Suzhou which is near Shanghai. School was very different with classes starting at 7:30 in the morning and finishing at 5:00 PM as well as compulsory Saturday morning school. The children were very curious about me and my life as well as Australia in general. I tried to make classes fun teaching oral English through songs [I have never sung in class before or since] and nurse rhymes as very difficult to engage this many students with nearly 60 in the class. However, behaviour in the main wasn't an issue apart from a few boys right at the back of the year 7 class. My saviour was a very bright boy called Sandy [English name] who was popular with his peers and kept them in line. His mother was a member of the local Education Board who I became friends with.

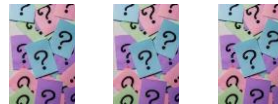
This was in stark contrast to the teaching I did a couple of years later at Nuigu on Bathurst Island which is part of the Tiwi's north of Darwin. Here the pace was extremely slow with school attendance spasmodic. If things don't happen today they can maybe happen tomorrow! Although parents were not punctual with sending children to school they still wanted what they thought was best for them. Life here was easy but difficult at the same time. Teaching was basic with small numbers in the classes but one's social life was sparse. Teachers basically mixed with each other and on occasions with the medical staff.





Small problems could appear to be huge and create issues amongst us. It was a dry community apart from The Club which was open four evenings a week. Here you could purchase four mid or light strength beers a night. This was monitored but had a currency where tickets to purchase a beer were much sought after. We all looked forward to an occasional weekend in Darwin a twenty-minute flight away. Civilisation was well appreciated with shops and alcohol in abundance.

These different teaching experiences were invaluable for my development as a human being and as a teacher. They gave me the means to learn that underneath this diversity of culture is a humanness that is similar wherever you are.



## Did You Know?



AUSTRALIAN WAR MEMORIAL

J02105

Do you know that during the First World War 136,000 “walers” (the general name applied to Australian horses abroad) were sent overseas for use by the Australian Imperial Force and the British and Indian governments. Only one horse from the 136,000 deployed overseas ever made it back to Australia and that horse was Sandy born and bred in Tallangatta and donated by a local family to support the war effort.

On the 20<sup>th</sup> of May a statue honouring Sandy, the only Australian war horse to return home from World War I, will be unveiled in Tallangatta. The ceremony will form part of a weekend of celebrations including street markets, live music, horse events and an open-air concert.

Sandy was displayed for many years in the Australian War Memorial museum, although it is currently not on exhibition owing to deterioration through age.

Did you know that the future King Charles III visited Wodonga in 1974 during which he was introduced to Les and Pam Stone outside the Council Chambers in Woodland Grove. Both Les and Pam served terms as Mayors of the Rural City of Wodonga.







# PHILOSOPHICAL DISCUSSIONS

Anthony White



In a universe outside of U3AAW that is beset by the intolerance of difference in opinion it is a genuine pleasure to be part of a group that can and does share differing ideas, views, and experiences in a thoughtful and considerate way.

The group I am referring to is the Thursday morning 'Philosophical Discussions' course. This is where wide ranging subjects such as ethics, morality, human nature, artificial intelligence, right through to ancient and more recent philosophers who have something to say about how we can order our lives in today's world, are respectfully discussed and opined.

Each week a paper is prepared and distributed. The class then read in turn from the paper stopping to discuss whenever someone would like to contribute by agreeing, disagreeing, adding a relevant comment or experience, or referring to a similar situation.

Just a few papers we have discussed are *Contentious politics: Hobbes, Machiavelli, and corporate power*, *Diversity has no intrinsic value*, *A belief in meritocracy is not only false: it's bad for you*, *Toleration is an impressive virtue that's worth reviving*, *On the necessity of incivility*, *Moral Philosophy according to Immanuel Kant*, *Automated Ethics* and more recently *Why read Aristotle today*.

These discussions will and do mean different things to different people but for me, hearing the ideas of others and sharing mine helps me adjust my own personal philosophy in a positive way. 'Philosophical Discussions' is possibly the oldest still running course in U3A Albury Wodonga and has had a number of tutors in its time, some still active members, and with those tutors has come different approaches to the course and, as such, it is an evolving entity that welcomes input from the group and draws its tutors from the group.

Anthony White







# APRIL COFFEE MORNING

Friday 28 April 2023



## **DATING OLD PHOTOGRAPHS**

Shirley's presentation delivered at our monthly Friday morning's coffee session was a thoroughly interesting exploration of her own personal family photo collection and that of her husband Rod's, both of which included other pictures of some historically significant characters.

Shirley started by explaining how you could accurately identify the period of time that each individual photograph had been taken by looking for historical clues found in the images. This was mainly defined by the style of clothes, shoes, and hats that the people were wearing and for ladies it was their hairstyles, whilst for men it was what their beards looked like or even their lack of a beard identified a possible date.

Some of the earliest photos she displayed were of convicts and soldiers in uniform, which dated back to the very evolution of photography itself. This process occurred in the 1840s and was named Daguerreotype after the French inventor of the technology. However, his methodology was soon superseded by a British gentleman's invention called the "collodion process" or Ambrotype. Shirley showed some excellent photos of Queen Victoria with her consort Prince Albert and yet another one taken later in 1864 of her dressed in a black frock, which is the colour she mainly wore for the rest of her life after her beloved husband died in 1861.



One of Shirley's photos was of her grandmother, surrounded by a group of her children which was taken while her grandparents were living in Nova Scotia but 4 of the young kids apparently were left behind when dear old Granny unanchored and migrated to the Great Southern Land, Australia. The Farr family collection of photos was very extensive and also encompassed a huge variety of historically significant characters such as Ned Kelly, Abraham Lincoln, Charles Dickens and of course that well known, fair dinkum Aussie explorer, Robert O'Hara Burke.

Shirley's wonderful presentation was titled "Dating Old Photos" not to be confused with a new dating app on Facebook designed for the Baby Boomer generation called "Dating Old Fogies".





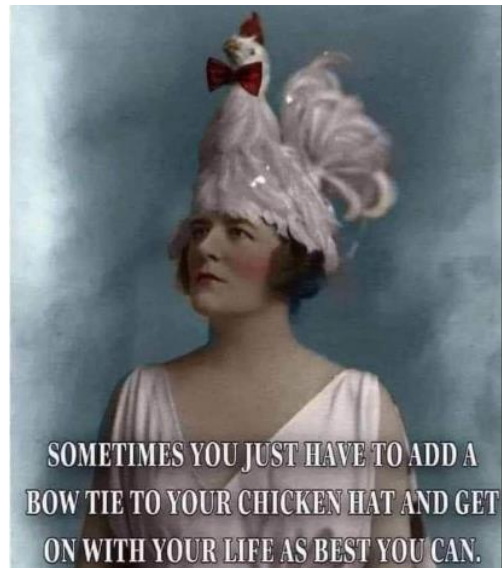
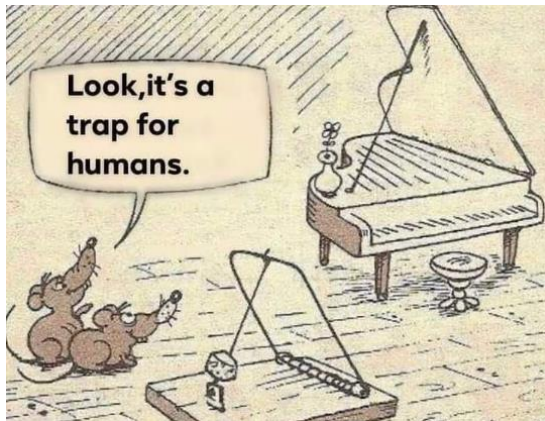
**REMINDER ...**



**MAY COFFEE MORNING**

FRIDAY 26 MAY,  
9.30am for a coffee and chat, for 10am Guest Speaker.

Our Guest Speaker will be Paul Muntz, Accredited Specialist in Business Law; Director of Flemming, Muntz Solicitors, and his topic will be Estate Planning ... and what can go wrong! As usual, please feel free to bring a plate to share.



"Why are there pyramids in Egypt? They were too heavy to steal and put in a British museum"

**Zoom meetings are just modern seances**



"There's someone who wants to join us."  
"Elizabeth, are you there?"  
"We can't hear you."  
"Can you hear us?"







## Mother's Day – A History

### Anna Jarvis Turns Mother's Day Into a National Holiday

The official Mother's Day holiday arose in the 1900s as a result of the efforts of Anna Jarvis, daughter of Ann Reeves Jarvis. Following her mother's 1905 death, Anna Jarvis conceived of Mother's Day as a way of honouring the sacrifices mothers made for their children.

After gaining financial backing from a Philadelphia department store owner named John Wanamaker, in May 1908 she organized the first official Mother's Day celebration at a Methodist church in Grafton, West Virginia. That same day also saw thousands of people attend a Mother's Day event at one of Wanamaker's retail stores in Philadelphia.

Following the success of her first Mother's Day, Jarvis—who remained unmarried and childless her whole life—resolved to see her holiday added to the national calendar. Arguing that American holidays were biased toward male achievements, she started a massive letter writing campaign to newspapers and prominent politicians urging the adoption of a special day honouring motherhood. By 1912 many states, towns and churches had adopted Mother's Day as an annual holiday, and Jarvis had established the Mother's Day International Association to help promote her cause. Her persistence paid off in 1914 when President Woodrow Wilson signed a measure officially establishing the second Sunday in May as Mother's Day.

### Jarvis Decries Commercialized Mother's Day

Anna Jarvis had originally conceived of Mother's Day as a day of personal celebration between mothers and families. Her version of the day involved wearing a white carnation as a badge and visiting one's mother or attending church services. But once Mother's Day became a national holiday, it was not long before florists, card companies and other merchants capitalized on its popularity.

While Jarvis had initially worked with the floral industry to help raise Mother's Day's profile, by 1920 she had become disgusted with how the holiday had been commercialized. She outwardly denounced the transformation and urged people to stop buying Mother's Day flowers, cards and candies.

Jarvis eventually resorted to an open campaign against Mother's Day profiteers, speaking out against confectioners, florists and even charities. She also launched countless lawsuits against groups that had used the name "Mother's Day," eventually spending most of her personal wealth in legal fees. By the time of her death in 1948 Jarvis had disowned the holiday altogether, and even actively lobbied the government to see it removed from the American calendar.





Lutz Pieters

**Q: Doctor, I've heard that cardiovascular exercise can prolong life. Is this true?**

A: Heart only good for so many beats, and that's it... Don't waste time on exercise. Everything wear out eventually. Speeding up heart not make you live longer; it's like saying you extend life of a car by driving faster. Want to live longer? Take nap.

**Q: Should I reduce my alcohol intake?**

A: Oh no. Wine made from fruit. Fruit very good. Brandy distilled wine, that means they take water out of fruity bit, so you get even more of goodness that way. Beer also made of grain. Grain good too.

Bottoms up!

**Q: What are some of the advantages of participating in a regular exercise program?**

A: Can't think of one, sorry.

My philosophy: No pain...good!

**Q: Aren't fried foods bad for you?**

A: YOU NOT LISTENING! Food fried in vegetable oil.

How getting more vegetable be bad?

**Q: Is chocolate bad for me?**

A: You crazy?!? HEL-LO-O!! Cocoa bean! Another vegetable!

It best feel-good food around!

**Q: Is swimming good for your figure?**

A: If swimming good for figure, explain whale to me.

**Q: Is getting in shape important for my lifestyle?**

A: Hey! 'Round' is also a shape!

Well... I hope this has cleared up any misconceptions you may have had about food and diets.

**And remember:**

Finally the Japanese Doctor summed up:

Look mister, Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways - Beer in one hand - chocolate in the other - body thorough I used up, totally worn out and screaming "WOO-HOO, what a ride my life was"!!!!!! 😊 Eat whatever you like because you will still DIE, don't allow motivational speakers deceive you.

So, Take some rest, Chill, Stay cool, eat, drink and enjoy your life. You will still die.







## COURSE INFORMATION

### Monday

Code	Name
23007	Arts Appreciation
23005	Buddhist Philosophy
23006	CAE Book Study
23003	Economics & Politics
23001	Everyday Philosophy
23002	Family History and the Internet

### Tuesday

Code	Name
23012	A Toolbox for the Craft of Writing
23014	Air Rifle Shooting
23009	Discovering Chemistry
23011	Garden Group 1
23037	Living Longer Younger 1
23010	Music Appreciation
23013	Random Thoughts and Ideas
23008	Sustainability

### Wednesday

Code	Name
23022	Cryptic Crosswords
23015	Europeans: Ancient Greece to the EU
23017	Garden Group 2
23021	Mahjong
23016	Mahjong for Beginners
23020	Our World Background Briefings 1
23018	Social Gardener

### Thursday

Code	Name
23024	Art in the afternoon
23026	Bird Watching in Albury Wodonga
23027	Chess
23023	Mindfulness Meditation
23035	Our World Background Briefings 2
23025	Philosophical Discussions
23028	Scrabble
23036	Walkie Talkies

### Friday

Code	Name
23033	Card Games and Mahjong
23034	Genealogy - Decipher DNA results
23038	Living Longer Younger 2
23031	Mahjong - Intermediate Beginners
23032	Play Reading Group
23030	Scottish Country Dance

### Term dates

Term	Start	End
1	30 Jan 2023	06 Apr 2023
2	24 Apr 2023	23 Jun 2023
3	24 Jul 2023	15 Sep 2023
4	02 Oct 2023	01 Dec 2023

