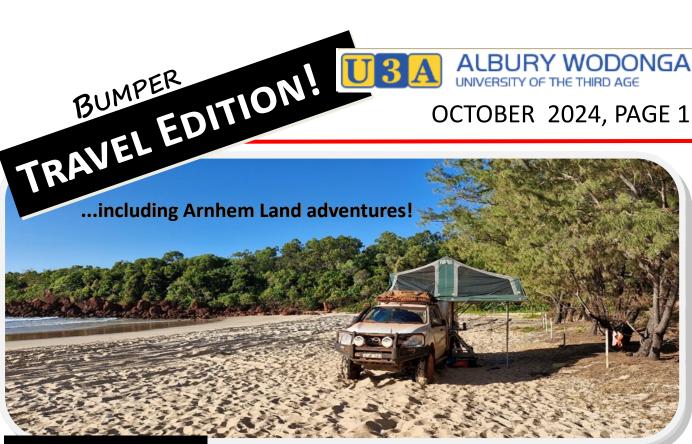


ALBURY WODONGA UNIVERSITY OF THE THIRD AGE

OCTOBER 2024, PAGE 1



## from the President



Alwyn Friedersdorff

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#### AS YOU receive this Newsletter. I exclaim that there are only 9 weeks left for U3A 2024!

I have heard whispers of different ideas for classes. I will place a suggestion box out on the desk in the front fover for one month only. Please make use of it with your wish lists to help us unlearn and relearn! I have heard: Let's learn French; or a non-fiction Book Discussion group...of course we would need Tutors! This BIG Newsletter is all about travel. So I want to

highlight a very simple means of travel and learning about your own neighbourhood.

In Seniors' Week, the buses are free!

So I plan to ride the buses of Albury and Wodonga to see where they go, to look at some amazing front gar-



"OK, one more time: Go home and log on to our website from your computer, create an account and purchase your ticket with your credit or debit card, download the ticket to a smartphone, then come back at the allocated time... Just what part of 'easier and more convenient' don't you get?"

dens, to explore a suburb that I have not been to before.

Our bus service is under-utilised yet is a comprehensive and useful service covering Wodonga, Baranduda, West, East and South Albury. So try travelling locally! — Alwyn

"The illiterate of the 21st Century will not be those who cannot read and write, but those who cannot learn, unlearn and relearn." — Alvin Toffler



# Changes, additions to Term 4 courses

By LUDGER PILLE, program co-ordinator

**TERM 4** will have some changes and additions to courses. They include:

People and Events from British History – Hugh McKenzie McHarq

Hugh has returned from his holiday and will be presenting again in Term 4. If you were enrolled in this course in Terms 1 and 2, you will not have to re-enrol.

Backgrounds Briefings 1 & 2 - Gerry Engwerda

Gerry has also returned from his holiday and will also be presenting again in Term 4. If you were enrolled in this course in Terms 1 and 2, you will not have to re-

Who do you think I am? – Julie Hind

Just like last year, the Family History Group that meets on Mondays will be presenting their research to the wider U3A group. I heard some fascinating stories last year and can only imagine what has been unearthed this year.

This course will be presented on Thursday mornings between 10am and 12pm in Room 1 at the GAAC. If you intend to participate, you will have to enrol.

● Improbable Plot? Just Go With the Flow — John McQuilton

John McQuiltan has also returned from overseas and will be running his movie course again in Term 4. If you were enrolled in this course in Terms 1 and 2, you will not have to re-enrol.

Sustainability – Jenny Huber

The "Sustainability" course will be moved to a new time slot. In Term 4, the course will be run on Tuesdays between 10am and 12pm in Room 1 at the GAAC. If you are already enrolled in this course, you will not have to re-enrol. The new time slot is already visible on the U3A webpage.

 Drawing Creative Connections, Art Making – Ken Raff

We are lucky that Ken has agreed to run another art course in which you will be able to create your own piece of art. If you intend to participate, you will have to enrol.

◆ And a reminder...John Beaney runs the online Zoom class *Healing ourselves and our Planet* on Tuesday mornings at 9.30am and Friday mornings at 9.30am. Some of John's sessions for Term 4 include the following interesting class titles: Fat Facts; Why doesn't your doctor know what I teach; Medical Medley; and Health in a Nutshell.

# Sing along with Julie!

**TO** commemorate her 79<sup>th</sup> birthday, actress/vocalist, Julie Andrews, pictured, made a special appearance at Manhattan's Radio City Music Hall for the benefit of the AARP. One of the musical numbers she performed was "My Favorite Things" from the legendary movie "Sound Of Music". Here are the lyrics she used. If you sing it, it is especially hysterical!

(Thank you **Judy White** for this gem.)

BOTOX and nose drops and needles HOT tea and crumpets and corn are a few of my favorite things.

CADILLACS and cataracts, hearing aids and glasses, Polident and BACK pain, confused brains and no favorite things.

WHEN the pipes leak, When the things. And then I don't feel so bad.



for knitting, Walkers and handrails pads for bunions, No spicy hot food and new dental fittings, Bundles of or food cooked with onions, Bathmagazines tied up in string. These robes and heating pads and hot meals they bring. These are a few of my favorite things.

Fixodent and false teeth in glasses, need for sinnin', Thin bones and frac-Pacemakers, golf carts and porches tures and hair that is thinnin', And we with swings. These are a few of my won't mention our short shrunken frames. When we remember our favorite things.

bones creak, When the knees go WHEN the joints ache, When the bad, I simply remember my favorite hips break, When the eyes grow dim, Then I remember the great life I've had. And then I don't feel so bad...

# **Wise Words**

People who think they know everything are a great annoyance to those of us who do. Isaac Asimov

If you raise your children, you can spoil your grandchildren. But if you spoil your children, you'll have to raise your children. Harrison Schenck

We're not going to be of much service if we drive ourselves crazy by letting little things stand in our way. Dan Levy

Doubt is the origin of wisdom. Augustine of Hippo

A fool is known by his speech: a wise man by his silence. Pythagoras

Those who dare to fail miserably can achieve greatly. John F. Kennedy





# Travel is there to be enjoyed

**FROM** Kyrgyzstan, our daughter-in-law Zarina calls travel the "Pooley disease", while I most definitely (and unscientifically) think it's genetic or at least familial. Are we humans programmed to travel, to be curious, to explore?

I like to imagine a huge, massive world map spread like a banner across the floor of the GAC room. Give each U3A member sufficient coloured pins for the number of countries they have visited, and places in Australia, then stand back in awe. Is there anywhere unpinned? Perhaps North Korea, a couple more... Imagine the hubbub of conversation.

How lucky we are, that apart from that pesky item called money, we can hop on a plane, train, ship and be "somewhere else" by next day. And only need, as

bare minimum, passport, credit card, sunnies and umbrella.

Our reasons for travel vary: family, friends, work, study, sport, or pure enjoyment.

My husband declared several times that he would only travel if there was a cricket ball, so off he went playing cricket around Australia and numerous countries with Rotary, then Veterans. My travel interests were/are history, music, art, and visiting family and friends who helpfully reside in other countries.

Our younger son found the love of his

life while on one of his backpacking trips in Central Europe and the Middle East. As I write, the elder son is in Europe, following his passion for history.

Travel of course can mean just going for a drive, poking about, perhaps eating, and coming home. In the dim past of my childhood, that's what we did, playing games such as I Spy, making up words using the number plates of approaching cars, counting the white posts... My mother **always** had the tablecloth, Thermos, teapot and cosy and something homemade (of course) to eat. Fun fact – picnics date back to medieval times, though the modern concept became popular in the C18th.

Travel can be camping, caravanning, glamping, hiking, biking, volunteering. It can mean new friends along

with new experiences. And possibly learning more about yourself.

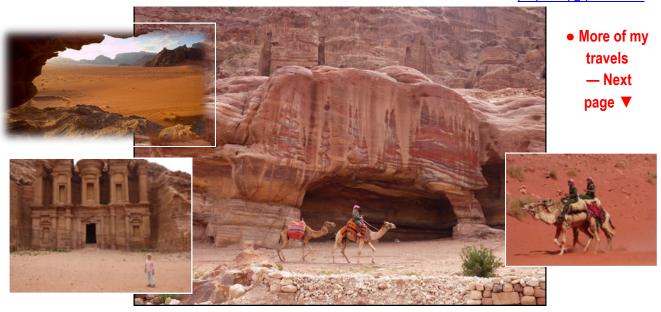
If, like me, you travel with a twisty clothes line and possibly even pegs, here is a tip. Soap sheets weigh next to nothing — pop a few in a cliplock bag for your next trip. I use both the laundry and dishwasher varieties at home (no plastics). And so, welcome to the Travel Edition. A huge thanks to those generous contributors who are sharing memories and photos for this newsletter.



Pat Pooley

— Pat

patpooley@yahoo.com



• Some of the stunning scenery I have encountered in my travels...these pictures were taken in Jordan.



# My special trip that took in eight countries

AT some point in my secondary schooling, I learned about Wadi Rum in southern Jordan. A wadi is a low, dry valley, the term most used in Arabic-speaking countries. It might be a stream during the rainy season. Perhaps it was the exotic name, but it stayed, tucked away in the recesses until about 10 years ago when I began planning. That trip, in 2015, encompassing eight countries and almost as many currencies, began in Jordan, ending in Italy with lots, and lots

more, Roman ruins and history almost everywhere I ventured.

I went into training for the 850 steps up to the Monastery at Petra. And just as well. Ancient steps made smooth by thousands of years, and no handrails! The Dead Sea — what another worldly experience that was. The Bedouin camp for two nights at Wadi



#### **TRAVEL FUNNIES**

I got a call from a man who asked. "Is it possible to see England from Canada?" "No," I replied. "But they look so close on the map." I had someone ask for an aisle seat on the plane so that her hair wouldn't get messed up by being near the window.

A businessman called and had a question about the documents he needed for a trip to China. I reminded him he needed a visa." Oh no I don't" he responded, "I've been to China four times and every time they have accepted my American Express.

A passenger on a cruise ship about to sail through the Panama Canal asked, "Which side of the ship should I stand on to sea land?" Why don't aliens visit our planet? It has terrible ratings. One star.

You have never felt true fear until your passport isn't where you thought it was. Or felt true panic if you get to the airport without your passport.

Rum; viewing the Promised Land; the Roman ruins of Jarash and Amman...

Petra was one of the most amazing places I have been privileged to visit.

Walking through the Siq, full of anticipation, and then...well, words fail. I spent the best part of the day there. Up all of those steps to the monastery was not too bad, but a few nervous moments coming down. The valley was larger than I had thought, and with so

much to see and admire of the rock cliffs either side

Our camp at Wadi Rum was extraordinary, luxurious and quite unique. A major domo no less! Travelling on to the Dead Sea, we wallowed and laughed at the absurdity of it. Dinner was overlooking the sea, with sunset, moonrise and stars. Blessed.

— Pat



### Pat Pooley

More from my travels... pre-dinner drinks, left, and a special dinner, right.



Pelts to plastics, fibres to polymers, fine threads to fashion

WITH Hugh in England absorbing even more historical fact, fiction and possibly the ambience of a pub or two (talking with locals is always informative), Ian Grant once again leapt bravely into the fray, fielding questions, comments and interjections with aplomb. "Why do we wear clothes?" he asked. "With what, and how were they made?" From animal pelts, draped, to the intricacies of woven, felted, embellished cloth we have "come a long way". Ludger Pille provided a session on modern non-woven fabrics, with the periodic table just to rev our brains into science mode. Kimberley Clarke, where Ludger had worked, produced one million

disposable nappies per day. Clothing manufactured from recycled plastics - easy. Space suits, compression suits, synthetic furnishings — no problem. Bank notes ... they even survive a trip through the washing machine.

Shirley Farr used the words gorgeous, exquisite. I would add passion, flair, artistry. We were in awe at not just the beautiful items, but the thought processes and techniques which made them possible. Thank you, Ian, Ludger and Shirley. How enormously fortunate are we to have such amazing members willing to devote the time to prepare, and share their own passions.





# The resilience and wonder of travel

**IN JULY** 2021, with the pandemic still casting its long shadow, Stephen and I, along with our travel buddies Pete and Ann, seized the rare opportunity to explore South Australia.

With borders between Victoria and New South Wales still tightly shut, our camper trailers became our mobile homes for the adventure.

Our first destination was Wilpena Pound, also known as Ikara, a breathtaking part of the Flinders Ranges National Park.

The plan was to soak in the rugged beauty of this ancient landscape before heading further north to Arkaroola. We made a quick stop at Leigh Creek for supplies, little knowing that our journey would soon take an unexpected turn.

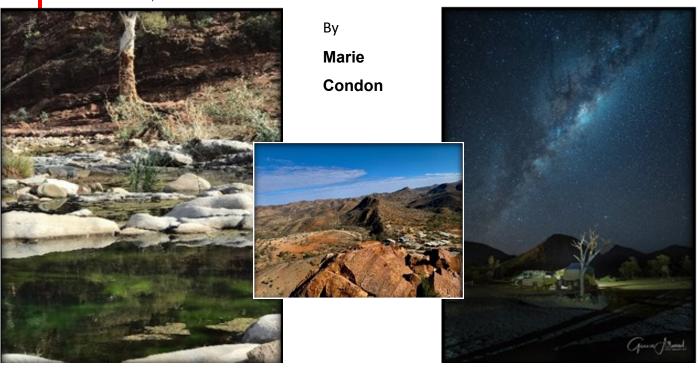
As we were driving in, a radio announcement interrupted our tunes: South Australia was about to enter a seven-day COVID lockdown. With no other options, we pressed on to Arkaroola. Arriving just before the lockdown deadline at 5.30 pm, we faced a barrage of mixed messages from the staff. Some said we could stay and enjoy the park's amenities if we stayed close to camp, while others questioned our decision to come.

By sheer luck, the manager arrived and overruled the confusion, granting us permission to stay as long as we remained self-sufficient. We gladly accepted, as we had no other place to go.

Our campsite was a surreal moonscape of stony pink terrain, but it was near the camp kitchen and toilet facilities, so we made the best of it. Though social distancing was the norm, and interaction with others was minimal, we embraced the opportunity to explore Arkaroola. With no tourist activities available, we took to the rough trails and rocky outcrops with our 4WD vehicles and on foot. The heat drove us to start our adventures early, but the reward was well worth it. We marvelled at the dramatic landscapes and stumbled upon hidden waterholes that felt like little oases in the desert.

One day, on the Acacia Walk, we encountered Dean—a tall, well-prepared trekker who had meticulously planned his journey, pre-positioning food and water along the way. Bewildered by the absence of people and vehicles, Dean was completely unaware of the lockdown. He was a seasoned traveller, using his savings to embark on epic treks both here and abroad. Dean quickly became the centre of our evening entertainment. With the camp facilities closed, we shared our provisions with him in exchange for captivating tales of his adventures.

Our camp neighbour, a night photographer, took advantage of Arkaroola's famously clear night skies to capture an incredible photo of our camper against the backdrop of the star-studded heavens. Arkaroola, with its stark beauty and unexpected isolation, turned into an unforgettable experience — a testament to the resilience and wonder of travel even in the most uncertain times.







# **Our Arnhem Land adventures**



By
TONY and
LYNNE KEYS

TRAVEL in Arnhem Land involves huge distances over rough roads. It took two months to just see some highlights. It is hot and infested with mosquitos and crocodiles. Bookings for popular sites need to be made months in advance. You need so many permits. Alcohol is hard to get and forbidden in many areas. Accurate information can be challenging to find. Everything is expensive, particularly fuel. (We paid over \$3 a litre for diesel once).

However, for those willing to take on the challenge, Arnhem Land is a fabulous destination. Wonderful scenery, abundant birdlife, exquisite beaches, wetlands, escarpments and billabongs, great fishing – even for novices – intense sunrises, beautiful campsites, secluded swimming holes. We deflated tyres to drive on rocky roads, beaches and river crossings. But what makes it special is its unique culture.

Highlights, in no particular order:

- Floating down the warm spring waters of Bitter Springs.
- Wondering what giant ancestors played at the Devil's Marbles.
- Seeing jabirus, brolgas, hooded parrots, crimson finches, red-winged parrots, pied egrets and many other birds.
- Going on a Beswick tag-along tour where we witnessed a cultural burn and visited a remote waterfall.
- Camping on the beach at Little Bondi.
- A fishing tour where even we caught lots of fish!
- Doing the coastal drive on the Coburg peninsula a drive which really went on the coast.



- Doing some screen printing on t-shirts at Bathurst Island and basket making at Bamaka.
- We had the opportunity to walk on country with people who had a close connection to the land and its stories.
   We visited high-quality art galleries, such as Yirrkala, which are a feature of so many communities, each of which displayed the distinctive art style of its local artists.
- We learnt about bush tucker, plant dyes, pandanus weaving, screen printing, bark painting and the contemporary evolution of traditional style using materials such as road signs or abandoned cars.



# My six weeks working in Oman

#### By KATH WHITE

IN EARLY December, 1997, I found myself flying into Muscat, the capital of the Sultanate of Oman, located on the south-eastern corner of the Arabian Peninsula. I was there to fill in for six weeks over Christmas, teaching English at an adult college in Nizwa, a desert city 165km from Muscat.

I would be teaching two classes each day: a lateafternoon one comprising 15 young adults, and an evening class of 12 public servants. I would be expected to follow the prescribed text books, and to observe the national dress for women: long-sleeved dress from neck to ankles, and a head scarf — a hijab. (Omani men also must wear a long-sleeved robe — the dishdashah and a head covering).

It was my first experience of a Muslim country. Adopting Islam in the eighth century, Oman follows the ancient Ibadi sect, a gentler, more moderate and egalitarian form of Islam than elsewhere. It would be hot, 40 degrees average, but our college for English and computer

was air-conditioned. I would have the use of the apartment and car of the colleague I was temporarily replacing. These are some jottings of memories from my six-week stay, which included Christmas and the beginning of Ramadan:

- Seeing frankincense growing in the Muscat Museum gardens, and then buying frankincense and myrrh in the bustling souk (market). (Frankincense grows only in Oman and Yemen, and was used by all ancient religions in their worship.)
- Sitting around a campfire with three expatriate families on Christmas Eve in the desert under a dark sky blazing with stars. You could imagine the three kings with their gold, frankincense and myrrh come riding by
- The Christmas concert and feast put on by Indian staff members in the hospital grounds on Christmas night.
- · Seeing two haughty camels seated in the back tray of a ute, probably being driven to compete in the races.
- Sawing at my wrist plaster with a bread knife to give myself more flexible movement.
- Being rebuked by the Water Police for leaving a hose dribbling at the base of a wilting plant.

Being a guest

at a Bedouin date

mask in the wom-

en's tent, much to

garden, and be-

ing dressed up

with a beaked

their hilarity.

falai system:

huge under-

The ancient

ground tunnels prevent evapora-

tion and channel

mountain water,





monument was set Some of my women students, and the Nizwa mosque tiles in 1997.

**MY FAVOURITE** 

up in the centre of

- the roundabout leading to Nizwa: a pile of huge (concrete?) books, a symbol of Nizwa's long tradition as a centre for learning.
- Slipping on water weed in a car park and breaking my left wrist on my second day in Nizwa. I had it set and plastered at the local hospital.
- My worst fear had been of driving on the right on Oman's speedy highways. The broken wrist put an obvious stop to all that.
- Moving the classroom furniture so that the girls no longer sat at the back, but rather they sat on one side of an aisle and the boys on the other — and they all preferred the new arrangement.
- Classes would stop for prescribed prayers, then we would have Omani coffee and dates - delicious!
- Looking down on the mosque's shimmering blue and gold dome from the top of the huge fort. Up there, a water well, cannons and rifle slits in the crenallated walls. Defenders would pour boiling date juice down onto invaders mounting the stairwell.

- to emerge in the date gardens and towns. The water police walk the tunnels checking for leaks.
- Learning about Sultan Qaboos, the sole ruler of Oman since 1970, and sensing the universal respect for his far-sighted policies and the deep affection of his people for his accessibility.
- Hearing all the rifle shots on January 10 to announce the first sighting of the crescent moon and thus the beginning of the fasting month of Ramadan.
- The calls to prayer from two nearby mosques in the pre-dawn darkness, one conciliatory, the other threatening. I know which one I would choose.

IT WAS a great privilege to be able to live in that modest and progressive country, even for such a short time. Its stark desert beauty etched itself into my mental landscape, its history intrigued me, and its people impressed me with their warm curtesy, piety and lack of pretentiousness.

Salaam!





By Hugh

McKenzie-McHarg

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# Snap shots of our travels



ABOVE: The Pinnacles in WA, are natural limestone structures, formed 25,000 to 30,000 years ago after the sea receded and left deposits of sea shells. Nambung National Park is a bit under three hours north of Perth

Judy White was captured in a mischievous 'Where's Wally' pose behind one of the structures. Can you see her? Anthony White, below, admiring the waterlilies from the famed Japanese bridge within Monet's Gardens — a must have shot for everyone's album!

Pictures here include Ascot Races, main picture, and a

Roman canal at Winchester, above right.



### **OUTSTANDING OCTOBER**

354 In Arles, Roman Emperor Constantius gives circus and theatre shows to mark 30 years of his reign. The ampitheatre is still there, with the heads of bulls adorning the walls..

1066 King Harold meets his demise at Hastings.

1375 The Westfriese sea wall breaks, flooding northern Netherlands.

1492 Christopher Colombus arrives in the Americas. 1780 The Great Hurricane kills 20,000 to 30,000 in the Caribbean.

1805 Admiral Nelson mortally wounded at the Battle of Trafalgar.

1846 Neptune's moon Triton discovered by Willian Las-

1886 France sends the Statue of Liberty to the US. 1892 The entire Hong Kong cricket team dies in a shipwreck off Taiwan.

1932 The first synthetic detergent (Dreft) by Procter & Gamble, goes on sale.

1976 Greece's 98 year old Dimitrion Yordanidis is the oldest man to compete in a marathon. Time: 7:33





# Free event How to live at home for Longer

Our health needs change as we age, but one thing stays the same: our desire to remain living in our own home. Let me explain how you can access government funding to help you stay living at home for longer.

#### Topics covered include:

- My Aged Care
   Commonwealth Home Support Program Services, Costs.
   Home care Packages How to Access, Services & Equipment,
   Providers & Costs.
- Other subsidised Government programs

Tuesday 15th October 2024 @ 1.30 pm

The Venue, GAAC 5 McFarland Drive, Wodonga, 3690

Enquiries: office@u3aalburywodonga.org.au



# LIONS CLUB **CHRISTMAS CAKES** On offer

**CHRISTMAS** is an exciting time of the year for many; however, not so for some in our community!

Yearly, Lions clubs across Australia are gearing up for one of their largest fundraising projects for which the Wodonga club has raised over \$20,000 in the past two years alone. Lions clubs have raised more than \$70,000,000 since the inception of the program.

The Lions Club of Wodonga's focus for donations this year has been associated with cancer, which we know affects so many people and to that end the club has donated \$30,000 to various charitable organisations in the first six months of this year.

The prices for this year's Christmas cakes and puddings are:

1.5kg cake, \$20;

1.0kg cake, \$16;

900g pudding, \$16;

400g pudding, \$10 (new); and 80g mini cakes, \$2.

Lions and Traditional Foods are trialling a 400g gluten free cake this year.

The products will be available at various locations.

- Judy Charlton, **U3A Secretary** 



Presented by: LATROBE COMMUNITY HEALTH SERVICE



**SPECIAL EVENT: THURSDAY, OCTOBER 31** 

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## JOHN RICHARDS CENTRE 2024 ORATION

John Richards (1935-2023) was the 2007 recipient of the Order of Australia Medal (OAM) for 'service to the community of the Moira Shire, in recognition of his



contribution to health sector development, and to the newsagency industry through the Victorian Authorised Newsagents Association."

Aformer jackaroo, soldier, and farmer, John Richards was the inaugural president of the Yarrawonga District Health Service board of management and was instrumental in the establishment of the Moira Healthcare Alliance. He was President of the Alliance from 2002 to 2005. John Richards' vision to support ageing in country Victoria was backed by a generous donation which has enabled the establishment of the John Richards Centre at La Trobe University.

Guest speaker Marcus Riley will explore the new stages of ageing, as we ask who is responsible for ensuring we age successfully, consider what approach we should take for our increased longevity and understand what factors are going to impact us the most.

Marcus Riley's career in the field of ageing spans over two decades, providing leadership and influence on local, national and global levels. He has led the successful establishment and growth of service based organisations focused on accommodation, health and care services for older adults as well as key roles in education, workforce development and technology. As Australia's leading international advocate on ageing, he



regularly addresses issues at the United Nations, is a Director of the Washington-based Global Ageing Network and has been appointed to a number of national Government boards and committees. He is a passionate advocate for positive ageing and is the author of Booming — A Life Changing Philosophy on Ageing Well.

Date: Thursday 31st October 2024 (faceto-face event only)

Time: 5.15pm drinks and canapes JRC Oration commencing at 6pm

Location: Lecture Theatre and Foyer, Building 6, La Trobe University Albury-Wodonga Campus, 133 McKoy Street,

Wodonga 3690

#### www.latrobe.edu.au/irc

#### For further information:

Dr Rachel Winterton, Deputy Director, John Richards Centre

P: 03 5444 7934

E: r.winterton@latrobe.edu.au



Click here for tickets





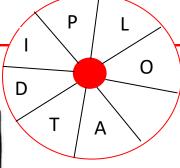


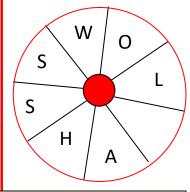


# Playing with OCTOBER 2024, PAGE 11

Words

1. Can you solve these Word Wheels by inserting the missing letter?





Α

ı

R

Т

E

M

Α

Question: What do the following words have in common?

> into therefore evaluate benign

Answer: They all end with the sound of a number...creating 2, 4, 8, 9



#### 2. More Words.

How many four, five and six-letter words can you create from the following letters?

#### SSNPRU

Finally: Men and women were created equal...but women improved

#### 3. Song Words.

Can you name the song, popularised in 1963, that contains the following lyrics: through a storm; golden sky; silver song.

#### 4. WHAT AM I?

Α world

BOMFED

ΝΛΔςΤ

R

LOND **BRIDGE** 

Ponder this: Forwards I am heavy; backwards I am not. What am I?

**Answer: ton** 







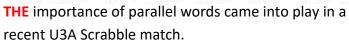












Not known for using parallel words, Rob came up with a good move in a match against Ann, when he created the word GRASS, which actually created four words, pictured at right.

The move earned him a handy 37 points in a game he narrowly won with a score of 243 points to Ann's 240 and in a game in which four triple word opportunities were not used.

Scrabble is played on Thursdays from 12.30pm.





# **Short & Sharp...**

## OCTOBER 2024, PAGE 12

# MORE...

### DO YOU REMEMBER THESE ONES?

- 1: Because I said so.
- 2: Wait and see.
- 3: Ask your father.
- 4: No pudding unless you finish your dinner.
- 5: If someone asked you to jump off a cliff would you?
- 6: I've told you a thousand times.
- 7: Say pardon, not 'what'.



- 8: What did your last slave die of?
- 9: You will have someone's eye out with that.
- 10: It'll all end in tears.
- 11: I want, never gets.
- 12: Close the door you weren't born in a barn.
- 13: Don't sit too close to the telly you will get square eyes.
- 14: There is no such words as 'can't'.
- 15: Who is 'she'? The cat's mother?
- 16: Carrots make you see in the dark.
- 17: Take your coat off or you won't feel the benefit when you go outside.
- 18: Don't make that face. If the wind changes you'll stay like it.
- 19: Do as I say, not as I do.
- 20: Back in my day.

### **IN BRIEF**

No matter how much you push the envelope, it will still be stationery.

He had a photographic memory, which was never developed.

The dead batteries were given out free of charge.

I didn't like my beard at first. Then it grew on me. I stayed up all night to see where the sun went, and then it dawned on me.

When she saw her first strands of grey hair she thought she would dye.

The guy who fell onto an upholstery machine last week is now fully recovered.

Police were summoned to a day care centre where a three-year-old was resisting a rest.

### What if...

What if there had been three wise women?

They would have asked for directions, arrived on time, delivered the baby, cleaned the stable, made a casserole...and there would be peace on earth.

Playing with Words
Answers: 1. Word
Wheels: marinate, diplomat, shallows. 2. More
Words: puns, puss, runs,
spun, spur, suns, sups,
urns; spurn, spurs;

You'll Never Walk Alone, by Jerry and the Pace-makers. 4. What am I: It's a small world after all, bowled over, half mast, scattered showers, London bridge.

spurns. 3. Song Words.

Woman's name (above right): Theresa.

There's a woman in a boat on a lake wearing a coat. If you want to know her name, it's in the riddle I just wrote.

What is the woman's name?

Two little boys were at a wedding when one leaned over to the other and asked, "How many wives can a man have?" His friend answered, "Sixteen... four better, four worse, four richer, and four poorer."



I got my wife to help me put some posts in the ground for our new fence. I gave her the hammer and I said: "When I nod my head, hit it." I do not remember much after that."





## Fully Escorted — Small Group Tour | 02 - 22 August 2025

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